

ALL SONGS WRITTEN BY STONE POETS. CHERELLE JARDINE, MARC GLADSTONE, SCOTT JACKSON ALL RIGHT RESERVED. © 2023

## BEAUTY OF IT ALL

When you walk, you should walk proud
When you sing, you should sing it out loud
Cause there's a place, that bares no name
Where our differences, make us the same
Where we get up, from the place where we fall
It's in the beauty, the beauty of it all

When I run, I don't run away
I'm chasing down the dream of a better day
Past the sunset's watchful eye
On through Eden's snow capped smile
And I swear, I hear the angels call
From the beauty, the beauty of it all

Your beauty's not your painted eyes
Beauty's not your golden skin
Your beauty is a light divine
It's something found somewhere within

We'll go swimming, in blue eyed pools

We laugh like lovers and love like fools

But time's cruel hands

Will twist our fate

Giving us high hopes just to take them away

Hey Mr Devil, I live to see you crawl

Out of the beauty, the beauty of it all.

Of it all, the beauty of it all ... (all in all is all we are)...

# GIVING IN, GIVING UP

Living is, faith in the prayer
Living is, truth above the dare
Living is, a smile behind the mask
A smile is still a smile
So sad you need to ask

Living is, blood in the fight
Living is, the heat from the light
Living is, loves every changing form
The struggle to be good
From the moment we are born

Are we giving in, giving up, giving in, giving up
Maybe we can try harder
Are we giving in, giving up, giving in, giving up
Maybe we should try harder

Living is, getting lost in your eyes
Living is, how you sing a lullaby
Living is, the motions of the dance
It's the start of a new romance
Getting one more chance

Are we giving in, giving up, giving in, giving up
Maybe we should try harder
Giving in, giving up, giving in, giving up
Maybe we should try harder
Maybe we should try ...

### HUMAN

If by chance we lose our way

Don't tell me it's too late

To turn around, take a stand, raise your voice, extend a hand

Don't give up, don't give up

How many hearts will break before we put aside our pride

How may lives will crumble before we take a look inside

Oh I try, will you try

No one's perfect, we're human after all We're all searching, we're bound to fall Make it alright, strive to be kind We're only human

If by chance all hell breaks
Promise me you'll keep the faith
Open hearts, open minds, open arms open wide
Don't give up, don't give up
How many hearts will break before we put aside our pride
How many lives will crumble before we take a look inside
Oh I try, will you try

No one's perfect ...

I'll believe if you'll believe We can fly, together you and I Anything is possible,

We'll be alright, strive to be kind Breathe in the light, simply divine We're only human

## CAROUSEL

The sky is falling around us
Darkness may swallow us whole
Feels like we've been here forever
Maddening eclipse of the soul

The primal instinct to break free

Fight or flight for our lives

The angels and devils they play tug of war

Toy with chance and will of you and I, but we survive

Oh, we all go up and down
Spinning around and round
On life's carousel
Oh, all of us fall down
For every action, there's a reaction

We are lost we are found, we are free, we are bound

We are all on borrowed time

We are right, we are wrong, we are weak, we are strong

Pushing and pulling and searching for answers

Oh, we all go up and down
Spinning around and round
On life's carousel
Oh, all of us falling down, dizzy from spinning round
On life's carousel
Oh, this is our battle cry
Goodbye alibis, goodbye, saying goodbye

#### WAY DOWN

Of those things that were ever said
Of those things that were ever done
Of those things that you're running from, I'm one
Of those hearts that were made to break
Of those feelings ready to forsake
All those dreams that you wanted from me, are now gone
Think you're wanting too much, think you're wanting too much

You always had this hope for me
You led me to a holy tree
You asked me if I want to believe, but I don't
You ask me if I want to receive, but I won't
Think you're wanting too much, think you're wanting too much

But if you go way down, way down, deep in the heart If you go way down, you'll find, it's dark

I think you're wanting too much, I think you're wanting too much

You asked me if I want to believe, but I don't You ask me if I want to receive, but I won't I think you're wanting too much ...

Cause if you go way down, way down

Deep in the heart

If you go way down, way down

You won't believe how dark

if you go way down, way down

Deep in the heart of hearts

If you go way down you'll light, a spark

Think you're wanting too much

## IF I COULD JUST HAVE ONE

Maybe I could be more able
To do all those things that needs to be done
Maybe that bottle on the table
Will tell you that I only had some
Maybe I could wake with the rising sun
If I could just have one

Maybe of those things that I'm feeling
Regrets, there would be none
Maybe the need for some healing
Won't be from those things that I'd done
Maybe I could sleep with the setting sun
If I could just have one

One, if I could just have one
One, just one and done, one
Maybe I could say it was all in fun
If I could just have one

I hope you never give in, I hope you never give up I hope you never lose faith, now come on babe fill my cup

> One, if I could just have one One, just one and done One, if I could just have one

Maybe I could say it was all in fun
If only I could just have one

## ANGELS IN THE SUN

Try to believe with the believers
They seemed to know who'd won
Tried to deceive with the deceivers
When all was said and done, they left me standing dumb
I moved back and forth around, up sideways down
Then I heard them, a calling

Some say I'm crazy, cause I'm the only one who saw
Angels in the sun
I swear I saw them, build my kingdom come
Angels in the sun

In my mind I built these towers

Where I'd feel safe and sound

Then I asked myself a question

One that's so profound, It tore those towers down
I moved back and forth around, up to sideways down

Then I heard, a calling

Some say I'm crazy ...

I'm telling you the truth
Well in my eyes was proof
I can't unsee all that I saw
Maybe you don't believe that
Cause you won't receive that
Maybe it's faith, maybe it's truth
Maybe it's god

## DEAR HATE

Let me introduce you to some kindness
I can coax that monkey off your back
I can lift that chip right off your shoulder
Show compassion that you lack

Dear hate
Aren't you tired of feeling dark and desperate
Chasing that sugar high of lies
Justifying your provocation
As you sing your battlecry

Think of what we could get done
Walking hand in hand as one
I can see it, can you feel it
Time to heal the deep divide
One heart, one blood, one love, one side
Can you picture that?

Dear hate
Let me hold you close for a moment
Heart to heart, see how good it feels
Unchain that burden that binds you
Give up your war so you can heal.

Think of what we could get done
Walking hand in hand as one
I can see it, can you feel it
Time to heal the deep divide

One heart, one blood, one love, one side Can you envision that?

Infuse you, enfold you, surround you, enclose you
Fill you, overflow you, let the love train derail you
Welcome to tranquility
Peace love and harmony
Imagine that

One heart, one blood, one love, one side

Think of what we could get done
Walking hand in hand as one
I can see it, can you feel it
Time to heal the deep divide
One heart, one blood, one love, one side

Think of what we could get done
All of us spreading love
I can see it, can you feel it
Standing strong in unity
For all of humanity, can you imagine that?

Dear hate, dear hate.

# **GLEAM AND BEAM**

You made me, in your image
And you held me, with your eyes
And you soothed me with a whisper
Despite the cruel words of those lullabies

My light is yours, your light is mine
We come together beyond space and time
When we gleam and beam

I made you, in my image
And I held you with adoring eyes
And I soothed you with a memory
Of those songs that still make me smile

My light is yours, your light is mine
We come together beyond space and time
When we gleam and beam

My light is yours, your light is mine
We come together beyond space and time
Make the connection, underneath the mind
A love that's made for you and I
When we gleam and beam

#### TIME

You spend your whole life reaching for the stars

So many roads to choose, to find out who You are

Nights blend into days, days turn into years, we all fall down,

clarity through tears.

And we begin with so much
Time and time again we leave the past behind
Start with empty canvas vibrant colours design
Seasons start to fade away the years rolling by
Getting near the end and the enemy is time time.

There's no guide book, to tell us who to be
We get lost sometimes, trying to be seen
Those that drag you down, try to pull you in
Don't lose momentum, you know where you have been.

And we begin with so much ...

Find magic in small treasures, so beautiful
It's the little things, they're indisputable
What use to bore you, let it thrill you to your core
And hold on to each minute like it's the last one with you in it.

And we begin with so much time and time again we leave the past behind Start with empty canvas vibrant colours design Seasons start to fade away the years rolling by Getting near the end and the enemy is time time. Time and time again we find we're falling behind Adding to your canvas welcoming your design Seasons fade away we watch the years slipping by Closer to the end and the enemy is time time.

## HEY HEY

It's a heavy time, it's a heavy load
We're all ticking time bombs ready to explode
So much confusion, so much unknown
We'll make it through, we're not alone
Looking for that rainbow
Searching for that pot of gold

Hey hey, it'll be alright, I got your back and you've got mine Hey hey, it's good to be alive

Hey hey, it'll be okay Open hearts break chains Hey hey, we can live a joyful life If we just join hands

Let's take a pause, let's take a breath
Your weight is mine, I'll be your strength
Light overcomes as darkness fades
Shine mine on you, chase the clouds away
Have faith, here come those blue skies
Dreams really do come true, I believe they do

Hey hey ...

What are you waiting for, just take a leap of faith What are you waiting for, one life be the change What are you waiting for?

Hey hey ... (That's what Robert says)

## RED RIVER

My eyes see, my heart bleeds I never walked a mile in your shoes I can't profess to feel your pain Tell your story, show me your truth

Can't let the river keep flowing, red river flowing
River keep flowing down to the sea
It's so easy to float, down we go
Can't let the river keep flowing, down to the sea

It's the formative years and the company you keep You learn to be racist and you're taught how to hate We've got a choice to stop this cycle Raise our voices, let's end this today

Can't let the river keep flowing, red river flowing
River keep flowing down to the sea
It's so easy to float, down we go
Can't let the river keep flowing, down to the sea

Money and greed will be our demise
Hate and destruction the human disease
My heart knows, there's more love than hate
Let love rule, these chains will break free

Can't let the river keep flowing, red river flowing
River keep flowing down to the sea
It's so easy to float, down we go
Can't let the river keep flowing, down to the sea ...

### COME DOWN

Everything seems so different

Just look around, just look around

It's like everybody's keeping secrets

They don't make a sound, they don't make a sound

Ya I need to know the truth How you got so high

When you gonna come down
When you gonna fall to your knees
When you gonna drop to the ground
When you gonna come down
When you gonna do as I please
When you gonna come crawling round

Ya I need to know, somehow it will make me feel better

And I'm starting to wonder
I don't know why, I don't know why
These secrets they echo like thunder
Deep in my mind, deep in my mind

Ya I need to know the truth
How you got so high

I need to know, somehow this will make me feel better I need to know, somehow it'll change the weather

## TELL ME IT'S ALRIGHT

Here we stand
In the middle of a hurricane
Against the wind
Trying to escape the rain
I'm just hoping to survive when
It comes to fight or flight, you or I
And only one of us can rise

Tell me it's alright, say it's alright
Tell me it's alright, say it's alright
Just making it though this night
The only thing that's in my sight
Win this fight
Only one of us can rise
Out of this night

Take a chance
That's what everyone is telling me
They say it's easier to dance
In the eye of a hurricane
We're just hoping to survive
And it's come to fight or flight you and I
Maybe both of us will rise, out of this night

Tell me it's alright, say it's alright
Tell me it's alright, say it's alright
Let's make it though this night
The only thing that's in my sight
Win this fight
Maybe both of us can rise
Into the light

## THE GREAT DIVIDE

I find myself on bended knee
As a war of words washes over me
How did the river get deep and wide
When did we dig this great divide?

It's hard to know just who to trust

Wear that amour if you must

I know a place where there ain't no sides

It's right in the middle of the great divide

Why oh why, can't we see eye to eye
Why of why, do we try to fight, the fight
Nobody wins

Words are like a loaded gun
Walls they just block out the sun
Somewhere between wrong and right
Is right in the middle of the great divide

Why oh why, can't we see eye to eye ...

We're all lost and we're all found
Hanging on as the world goes round
Dreaming dreams in the dead of night
We all wake up to the great divide

Why oh why, can't we see eye to eye ... We're not so different you and l Let's meet in the middle of the great divide.